



Health Revolution 2012
Advanced Weight Loss Seminar
Regain & Reclaim Your Health
A Program to Lose Your Weight
& Keep it Off For a Lifetime!

Tues. Jan. 24th at 6:30-7:30 p.m. & Sat. Jan. 28th 10-11a.m.
Felts Health & Wellness, 1100 W. Boulevard, Marion, IL

Topics Covered:

- The #1 cause of high blood pressure and hypertension.
- How to lower BIP in 2-4 weeks, naturally!
- Portion sizes, simple tricks to reduce your overeating.
- Stop sugar cravings in 3 days, the 2 hour rule.
- Eat just regular foods, 3 meals a day, will not be hungry between meals!
- The #1 fact you will learn to keep your weight off for a lifetime!
- Find out the #1 cause of weight gain and how to reverse it!
- What the diet industry doesn't want you to know!
- Before you buy your next multiple vitamin or any nutrients, ask 3 questions.
- What the vitamin industry doesn't want you to know!
- Would you give your children a beer for breakfast?
- Wait until you hear these unbelievable facts!

Call today to RSVP at 618-993-2810 & Bring A friend!
Visit us on facebook and www.feltschiropractic.com